Adult Squash Training Day



at

Coral Health & Fitness Club, Orchard Road, Hove, East Sussex BN3 7BG Tel: 01273 731262

Sunday 30th December 2012 10am – 4pm

Coaches:

Mike Harris

Finland National Coach, Assistant Head Coach at Edgebaston Priory Club Qualified England Squash Level 4 Performance Coach

Ben Hutton

Coral Health & Fitness Head Coach, Sussex Junior County Coach, O35 England International, Qualified England Squash Level 3 Coach

Cost:

£35 for the day

An adult coaching day aimed at men and women of Club Team Player standard.

Come and have an enjoyable day of squash at Coral Health & Fitness Club,

Focusing on Developing Accuracy and Match Play

(Cheques made payable to Ben Hutton)

Numbers are limited to 16 so please book early to avoid disappointment

To reply by email please send completed form to bn_hutton@yahoo.co.uk If you have any queries please call Ben Hutton on 07966426641

Post send to Ben Hutton, 7 Elm Road, Portslade, Brighton, BN41 1SA



